Josef is a 20 year old oboist from Örebro, Sweden. He began playing the oboe at the local music school when he was 9 years old. Later Josef moved on to studies for Mårten Larsson, Principal Oboe of Gothenburg Symphony Orchestra, and Jesper Harryson, Principal Oboe of the Royal Stockholm Philharmonic Orchestra. During the years Josef has played in lessons and masterclasses with Jean-Louis Capezzali, Alexei Ogrintchouk and François Leleux. He is currently studying at the Academy of Music and Drama in Gothenburg.

Josef has played as a substitute in several of Swedens most renowned orchestras, including Gothenburg Symphony Orchestra and the Swedish Chamber Orchestra.

Josef has participated in several competitions for young musicians and has twice won third prize in the Swedish Polar Star Prize where he performed as a soloist with Gothenburg Symphony Orchestra. He has also performed as a soloist with the Swedish Chamber Orchestra. In 2020 he won second prize in Danish/Swedish competition Øresunds soloist.

In 2021 year he won first príze in the Stockholm International Music Competition and also received a Certificate of merit in last year's Interim Competition of Turnbridge Wells International Music Competition.