Ariella Sidharthan was born in 2009 in Tartu, Estonia. At the age of 7 she started playing the recorder at her basic education school, Tartu Karlova School, which specializes in music studies. Two years later she joined Tartu II Music School to learn the flute. Currently she is studying flute in the 4th grade under the proficient guidance of Karina Voloshina.

One of her favourite hobbies is drawing, mostly people and imaginary characters. Although she had plans of going to art school after graduating from school, she has come to the realization that her strongest competence is music. Henceforth she plans to continue her studies in flute and also learn the oboe. She would eventually like to pursue a career in music.