Medea is a flute student at Lilla Akademien in Stockholm, where she has also studied classical guitar as her second instrument. She began playing the flute at the age of five with Stig Bengtson and performs regularly in concerts, both as a soloist and as part of Lilla Akademien's woodwind orchestra and flute ensemble, and since 2026 in the Symphonic Orchestra of Young Musicians Academy (YOMA) in Vänersborg and at Ingesund School of Music.

Medea enjoys expressing her emotions by painting with music. Her musical interests include the Baroque, Classical, and Romantic periods, as well as early 20th-century repertoire.

Medea participated in Polstjärnepriset's advanced course 2025-2026 arranged by YOMA based in Vänersborg, Sweden and has participated in masterclasses at Royal College of Music in Stockholm, Malmö Academy of Music as well as at YOMA center in Vänersborg. In April 2026 Medea was accepted into YOMA's National Talent Program.